

What's on in Star?

October - December 2026

To express an interest in coming to any event or group

Phone: 028 4062 2475

or email star.surestart@southerntrust.hscni.net

All groups are held at Star unless stated

For more information on groups and activities, check out our Facebook page for pictures, videos and flyers.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 OCT Little Baby & Toddler Swim Week 5 **LAST WEEK** 9:30am - 10:30am 	2 OCT Quiet Playtime **Weekly Book-In** 10:00am - 11:00am Children Aged 9mths Up to 4 th Birthday Playtime *Weekly Book-In* 11:30am - 12:30pm Children Aged 9mths Up to 4 th Birthday Baby Mindfulness & Reflexology Week 2 10:00am - 11:00am	3 OCT 
5 OCT Toddle & Talk 10:00am - 11:00am Children Aged 18mths Old up to 4 th Birthday Men's Health Programme Week 5 7:00pm - 8:30pm	6 OCT Invest In Play Week 5 9:45am - 12noon 	7 OCT Baby Café **Book-In ** 10:00am—11:30am Mums To Be & New Mums inc. Babies up to 1 Yr Old Bumps Café 10:00am—11:30am All Mums To Be Breastfeeding Support **Weekly Drop-In ** 11:45am — 12:45pm All Antenatal & B/Feeding Families inc. Children Aged up to 4th Birthday	8 OCT Mini Milestones 9:45am - 11:30am Parents/Carers **Crèche Provided**	9 OCT Quiet Playtime 10:00am - 11:00am Playtime 11:30am - 12:30pm Baby Mindfulness & Reflexology Week 3 10:00am - 11:00am	10 OCT 
12 OCT Toddle & Talk Week 2 10:00am - 11:00am Men's Health Programme Week 6 7:00pm - 8:30pm 	13 OCT Invest In Play Week 6 9:45am - 12noon	14 OCT Baby Café 10:00am—11:30am Breastfeeding Support 11:45am—12:45pm	15 OCT Mini Milestones Week 2 9:45am - 11:30am 	16 OCT Quiet Playtime 10:00am - 11:00am Playtime 11:30am - 12:30pm Baby Mindfulness & Reflexology Week 4 **LAST WEEK** 10:00am - 11:00am	17 OCT Becoming & Blossoming Mums 10:00am - 11:00am Mums To Be & Mums Star Dad's Halloween Spooktacular 10:00am — 11:30am Dads/Carers & Children from Birth up to 4 th Birthday inc. Older Siblings up to 7 Years

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 OCT Toddle & Talk Week 3 10:00am - 11:00am Men's Health Prog Week 7 7:00pm - 8:30pm	20 OCT Invest In Play Week 7 9:45am - 12noon	21 OCT Baby Café 10:00am—11:30am Breastfeeding Support 11:45am—12:45pm	22 OCT Mini Milestones Week 3 **LAST WEEK** 9:45am - 11:30am	23 OCT Playtime Closed for Staff Planning	24 OCT 
26 OCT Toddle & Talk Closed for Mid Term Break Men's Health Programme Week 8 **LAST WEEK** 7:00pm - 8:30pm	27 OCT Invest In Play Closed for Mid Term Break	28 OCT Breastfeeding Support Closed for Mid Term Break	29 OCT 	30 OCT Playtime Closed for Mid Term Break	31 OCT 
2 NOV Toddle & Talk Week 4 **LAST WEEK** 10:00am - 11:00am	3 NOV Invest In Play Week 8 9:45am - 12noon	4 NOV Baby Café 10:00am—11:30am Bumps Café 10:00am—11:30am All Mums To Be Breastfeeding Support 11:45am—12:45pm	5 NOV	6 NOV Quiet Playtime 10:00am - 11:00am Playtime 11:30am - 12:30pm	7 NOV 
9 NOV 	10 NOV Invest In Play Week 9 9:45am - 12noon	11 NOV Baby Café 10:00am—11:30am Breastfeeding Support 11:45am—12:45pm	12 NOV 	13 NOV Quiet Playtime 10:00am - 11:00am Playtime 11:30am - 12:30pm	14 NOV Star's Family Saturday's Big Cook Little Cook 10:00am—11:30am All Families inc. Older Siblings up to 7 Years Old
16 NOV 	17 NOV Invest In Play Week 10 9:45am - 12noon	18 NOV Baby Café 10:00am—11:30am Breastfeeding Support 11:45am—12:45pm	19 NOV Becoming & Blossoming Mums 6:30pm - 7:30pm Mums To Be & Mums	20 NOV Quiet Playtime 10:00am - 11:00am Playtime 11:30am - 12:30pm	21 NOV 
23 NOV 	24 NOV Invest In Play Week 11 9:45am - 12noon	25 NOV Breastfeeding Support 11:45am—12:45pm	26 NOV	27 NOV Quiet Playtime 10:00am - 11:00am Playtime 11:30am - 12:30pm	28 NOV 
30 NOV Rhyme & Storytime **Monthly Book-In** 9:45am—10:45am Babies from Birth up to 18 Months Old Rhyme & Storytime **Monthly Book-In** 11:15am—12:15pm Children Aged 18 Months Old up to 4th Birthday	1 DEC Invest In Play Week 12 **LAST WEEK** 9:45am - 12noon	2 DEC Baby Café 10:00am—11:30am Bumps Café 10:00am—11:30am All Mums To Be Breastfeeding Support 11:45am—12:45pm	3 DEC Creative Kids 10:30am - 12noon Children Aged from 1 Year Old up to 4 th Birthday	4 DEC Quiet Playtime 10:00am - 11:00am Playtime 11:30am - 12:30pm	5 DEC Becoming & Blossoming Mums 10:00am - 11:00am Mums To Be & Mums Star Dad's Christmas Crafts & Festive Fun 10:00am — 11:30am Dads/Carers & Children from Birth up to 4 th Birthday inc. Older Siblings up to 7 Years
7 DEC Rhyme & Storytime **Monthly Book-In** 9:45am—10:45am Babies from Birth up to 18 Months Old Rhyme & Storytime **Monthly Book-In** 11:15am—12:15pm Children Aged 18 Months Old up to 4th Birthday Take Time For You Christmas Creations **Evening Session** 6:30pm—8:30pm Parents/Carers	8 DEC Take Time For You Christmas Creations **Morning Session** 9:45am - 12noon Parents/Carers **Crèche Provided for morning session only**	9 DEC Baby Café 10:00am—11:30am Breastfeeding Support 11:45am—12:45pm	10 DEC Star's Magical Christmas Experience **Bus Provided** All Registered Families with Children Aged up to 4th Birthday **All details to be confirmed closer to the time of the event running **	11 DEC	12 DEC 
14 DEC 	15 DEC 	16 DEC Breastfeeding Support 11:45am—12:45pm	17 DEC 	18 DEC Office Closes for Christmas Re-Opens: Monday 4th January 2027	19 DEC 
21 DEC 	22 DEC 	23 DEC	24 DEC 	25 DEC CHRISTMAS DAY 	26 DEC BOXING DAY
28 DEC	29 DEC	30 DEC	31 DEC NEW YEAR'S EVE 		