

What's on in Star?

October—December 2024






To express an interest in coming to any event or group

Phone: 028 4062 2475

or email star.surestart@southerntrust.hscni.net

All groups are held at Star unless stated

For more information on groups and activities, check out our Facebook page for pictures, videos and flyers.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>1 OCT Parenting Puzzle Week 3 10am—12noon</p> <p>Simmer With Star 6:30pm—8pm Parents/Carers</p> 	<p>2 OCT Baby Mindful **Monthly Book-In** 10am—11:30am New Mums inc. Babies up to 1 Yr Old</p> <p>Breastfeeding Support **Weekly Book-In ** 11:45am — 1pm All Antenatal & B/Feeding Families inc. Children Aged up to 4th Birthday</p>	<p>3 OCT Little Baby, Bigger Baby & Toddler Swim Week 5 **LAST WEEK** 9:30am—10:00am 10:15am—10:45am 11:00am—11:30am</p> <p>Baby Massage Week 4 10am—11:30am</p>	<p>4 OCT Quiet Playtime **Weekly Book-In ** 9:30am—10:30am Children Aged 9mths—Up to 4th Birthday</p> <p>Playtime **Weekly Book-In ** 11am—12noon Children Aged 9mths—Up to 4th Birthday</p>	<p>5 OCT</p> 	
<p>7 OCT Rhyme & Storytime **Monthly Book-In** 9:45am—10:45am Babies from Birth up to 18 Months Old</p> <p>Rhyme & Storytime **Monthly Book-In** 11:15am—12:15pm Children Aged 18 Months Old up to 4th Birthday</p> 	<p>8 OCT Parenting Puzzle Week 4 **LAST WEEK** 10am—12noon</p> <p>Simmer With Star Week 2 6:30pm—8pm</p>	<p>9 OCT Little Star's Café **Monthly Book-In ** 10am—11:30am Mums To Be & New Mums inc. Babies up to 1 Yr Old</p> <p>Breastfeeding Support **Weekly Book-In ** 11:45am—1pm</p> 	<p>10 OCT Baby Massage Week 5 **LAST WEEK** 10am—11:30am</p> <p>Move With Me — Physical Play in Solitude Park 10:30am—11:30am Children Aged 1 Year Old up to 2 ½ Years Old</p> <p>Save a Life 6:30pm—8pm Parents/Carers</p>	<p>11 OCT Quiet Playtime **Weekly Book-In ** 9:30am—10:30am</p> <p>Playtime **Weekly Book-In ** 11am—12noon</p>	<p>12 OCT</p> 
<p>14 OCT Elklan—Let's Talk With Your Baby 9:30am—10:30am Babies Aged 3—12 Mths</p>	<p>15 OCT Creative Kids—Little Star's Role Play Drama 11am—12noon Children Aged 2 ½ Years Old up to 4th Birthday</p> <p>Simmer With Star Week 3 6:30pm—8pm</p>	<p>16 OCT Bumps, Babies & Beyond **Monthly Book-In ** 10am—11:30am Mums To Be & New Mums inc. Babies up to 1 Yr Old</p> <p>Breastfeeding Support 11:45am—1pm</p> 	<p>17 OCT Supporting Children with Unclear Speech 9:30am—11am Parents/Carers with Children 18Mths & Over **Crèche Provided**</p> 	<p>18 OCT Quiet Playtime **Weekly Book-In ** 9:30am—10:30am</p> <p>Playtime **Weekly Book-In ** 11am—12noon</p>	<p>19 OCT</p> 
<p>21 OCT Elklan—Let's Talk With Your Baby Week 2 9:30am—10:30am</p> 	<p>22 OCT Move With Me — Physical Play in Solitude Park 10:30am—11:30am Children Aged 2 ½ Years Old up to 4th Birthday</p> <p>Simmer With Star Week 4 **LAST WEEK** 6:30pm—8pm</p>	<p>23 OCT Breastfeeding Support **Weekly Book-In ** 11:45am—1pm</p> 	<p>24 OCT</p> <p>Batch Cooking for Baby Workshop 10am—12:30pm All Parents With Babies Under 1 Yr Old **Crèche Provided**</p> <p>Becoming & Blossoming Mums 6:30pm—7:30pm Mums To Be & New Mums</p> 	<p>25 OCT Quiet Playtime **Weekly Book-In ** 9:30am—10:30am</p> <p>Playtime **Weekly Book-In ** 11am—12noon</p>	<p>26 OCT Star's Family Saturday's — Halloween Spooktacular 10am—11:30am All Families inc. Siblings Aged up to 7 Years Old</p> 

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 OCT Elklan *Closed for Half Term*	29 OCT 	30 OCT Breastfeeding Support *Closed for Half Term*	31 OCT 	1 NOV Quiet P/time & P/time *Closed for Half Term*	2 NOV
4 NOV Elklan—Let's Talk With Your Baby Week 3 9:30am—10:30am	5 NOV Creative Kids—Little Star's Little Builders 11am—12noon Children Aged 1 Year Old up to 2 ½ Years Old 	6 NOV Baby Mindful **Monthly Book-In** 10am—11:30am New Mums inc. Babies up to 1 Yr Old Breastfeeding Support **Weekly Book-In ** 11:45am—1pm	7 NOV Employer's For Childcare 9:30am—4pm Parents/Carers **Time slots will be allocated week before** Your Voice Matters 10am—11:30am Parents/Carers **Crèche Provided** 	8 NOV Quiet Playtime **Weekly Book-In ** 9:30am—10:30am Playtime **Weekly Book-In ** 11am—12noon	9 NOV
11 NOV Elklan—Let's Talk With Your Baby Week 4 **LAST WEEK** 9:30am—10:30am	12 NOV 	13 NOV Little Star's Café **Monthly Book-In ** 10am—11:30am Mums To Be & New Mums inc. Babies up to 1 Yr Old Breastfeeding Support **Weekly Book-In ** 11:45am—1pm	14 NOV Move With Me —Little Star's Little Movers 10am—11am Children Aged 1 Year Old up to 2 ½ Years Old 11:30—12:30pm Children Aged 2 ½ Years Old up to 4th Birthday *Banbridge Leisure Ctr*	15 NOV Quiet Playtime **Weekly Book-In ** 9:30am—10:30am Playtime **Weekly Book-In ** 11am—12noon	16 NOV
18 NOV Rhyme & Storytime **Monthly Book-In** 9:45am—10:45am Babies from Birth up to 18 Months Old Rhyme & Storytime **Monthly Book-In** 11:15am—12:15pm Children Aged 18 Months Old up to 4th Birthday	19 NOV Additional Needs Workshop 10am—11:30am Parents/Carers **Crèche Provided**	20 NOV Bumps, Babies & Beyond **Monthly Book-In ** 10am—11:30am Mums To Be & New Mums inc. Babies up to 1 Yr Old Breastfeeding Support **Weekly Book-In ** 11:45am—1pm	21 NOV 	22 NOV Quiet Playtime **Weekly Book-In ** 9:30am—10:30am Playtime **Weekly Book-In ** 11am—12noon	23 NOV
25 NOV The Benefits of Speaking More Than One Language at Home 10am—11am Parents/Carers with Children Aged from Birth up to 4th Birthday 	26 NOV 	27 NOV Breastfeeding Support **Weekly Book-In ** 11:45am—1pm 	28 NOV Take Time For You—Christmas Special **Morning Session** 10:30am—12noon Parents/Carers **Crèche Provided for morning session only** Take Time For You—Christmas Special **Evening Session** 7pm—8:30pm Parents/Carers 	29 NOV Quiet Playtime **Weekly Book-In ** 9:30am—10:30am Playtime **Weekly Book-In ** 11am—12noon	30 NOV Star Dad's—Christmas Special 10am — 11:30am Dads/Carers & Children inc Older Siblings up to 7 Yrs Old Becoming & Blossoming Mums 10:30am—11:30am Mums To Be & New Mums
2 DEC	3 DEC 	4 DEC Breastfeeding Support **Weekly Book-In ** 11:45am—1pm	5 DEC Star's Magical Christmas Party All Registered Families **Details to be confirmed closer to the time!**	6 DEC 	7 DEC
9 DEC Rhyme & Storytime **Monthly Book-In** 9:45am—10:45am Babies from Birth up to 18 Months Old Rhyme & Storytime **Monthly Book-In** 11:15am—12:15pm Children Aged 18 Months Old up to 4th Birthday	10 DEC Creative Kids—Little Star's Sensory Explorers 11am—12noon Children Aged 2 ½ Years Old up to 4th Birthday 	11 DEC Little Star's Café **Monthly Book-In ** 10am—11:30am Mums To Be & New Mums inc. Babies up to 1 Yr Old Breastfeeding Support **Weekly Book-In ** 11:45am—1pm	12 DEC	13 DEC 	14 DEC
16 DEC 	17 DEC	18 DEC Breastfeeding Support **Weekly Book-In ** 11:45am—1pm	19 DEC	20 DEC **Office Closed for Christmas Holidays Re-Opens: Thursday 2nd January**	21 DEC
23 DEC 	24 DEC 	25 DEC CHRISTMAS DAY 	26 DEC BOXING DAY	27 DEC	28 DEC
30 DEC 	31 DEC NEW YEARS DAY				