

What's on in Star?

April—June 2024


To express an interest in coming to any event or group

Phone: 028 4062 2475

or email star.surestart@southerntrust.hscni.net

All groups are held at Star unless stated

For more information on groups and activities, check out our Facebook page for pictures, videos and flyers.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 APR EASTER MONDAY	2 APR EASTER TUESDAY	3 APR OFFICE CLOSED	4 APR OFFICE CLOSED	5 APR OFFICE CLOSED	6 APR
8 APR OFFICE RE-OPENS 	9 APR Food Values Runs for 4 Weeks 10am—12noon All Parents **Crèche Provided** 	10 APR Baby Mindful **Monthly Book-In** 10am—11:30am New Mums inc. Babies up to 1 Yr Old Breastfeeding Support **Weekly Book-In ** 11:45am — 1pm All Antenatal & B/Feeding Families inc. Children Aged up to 4th Birthday	11 APR Move With Me — Physical Play in the Park *Two Sessions Offered In Solitude Park** 10am—11am Children Aged 2 ½ Years Old up to 4th Birthday 11:15am—12:15pm Children Aged 1 Year Old up to 2 ½ Years Old	12 APR Take Time for You — Vision Boards 10am—12noon All Parents **Crèche Provided** 	13 APR 
15 APR Rhyme & Storytime **Monthly Book-In** 9:45am—10:45am Babies from Birth up to 18 Months Old Rhyme & Storytime **Monthly Book-In** 11:15am—12:15pm Children Aged 18 Months Old up to 4th Birthday	16 APR Food Values Week 2 10am—12noon 	17 APR Little Star's Café **Monthly Book-In ** 10am—11:30am Mums To Be & New Mums inc. Babies up to 1 Yr Old Breastfeeding Support **Weekly Book-In ** 11:45am—1pm	18 APR Little Baby, Bigger Baby & Toddler Swim 3 Sessions for 5 Weeks *Banbridge Leisure Ctr* Children's Age Range 8wks-Up to 3rd Birthday 9:30am—10:00am 10:15am—10:45am 11:00am—11:30am Star's Little Builders 2pm—3pm Children Aged 1 Year Old up to 2 ½ Years Old	19 APR *****NEW***** Quiet Playtime **Weekly Book-In ** 9:30am—10:30am Children Aged 9mths—Up to 4th Birthday Playtime **Weekly Book-In ** 11am—12noon Children Aged 9mths—Up to 4th Birthday	20 APR Star Dad's—Spring Plant & Play 10am — 11:30am All Dads/Carers & Children inc Older Siblings up to 7 Yrs Old Becoming & Blossoming Mums 10:30am—11:30am Mums To Be & New Mums 
22 APR Star's Little Builders 2:30pm—3:30pm Children Aged 2 ½ Years Old up to 4th Birthday 	23 APR Food Values Week 3 10am—12noon	24 APR Bumps, Babies & Beyond **Monthly Book-In ** 10am—11:30am Mums To Be & New Mums inc. Babies up to 1 Yr Old Breastfeeding Support **Weekly Book-In ** 11:45am—1pm	25 APR Little Baby, Bigger Baby & Toddler Swim Week 2 9:30am—10:00am 10:15am—10:45am 11:00am—11:30am	26 APR Quiet Playtime **Weekly Book-In ** 9:30am—10:30am Playtime **Weekly Book-In ** 11am—12noon	27 APR 

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>29 APR Move With Me—Little Star's Little Movers 2:30pm—3:30pm Children Aged 2 ½ Years Old up to 4th Birthday *Banbridge Leisure Ctr* Additional Needs W/shop 6:30pm—8pm All Parents/Carers</p>	<p>30 APR Food Values Week 4 **LAST WEEK** 10am—12noon</p>	<p>1 MAY Baby Mindful **Monthly Book-In** 10am—11:30am New Mums inc. Babies up to 1 Yr Old Breastfeeding Support **Weekly Book-In ** 11:45am—1pm</p>	<p>2 MAY Little Baby, Bigger Baby & Toddler Swim Closed for Staff Training</p> 	<p>3 MAY Quiet Playtime & Playtime Closed for Staff Training</p>	<p>4 MAY</p>
<p>6 MAY *OFFICE CLOSED FOR BANK HOLIDAY*</p> 	<p>7 MAY WRAP—Wellness Recovery Action Plan Runs for 6 Weeks 10am—12noon All Parents **Crèche Provided**</p>	<p>8 MAY Little Star's Café **Monthly Book-In ** 10am—11:30am Mums To Be & New Mums inc. Babies up to 1 Yr Old Breastfeeding Support **Weekly Book-In ** 11:45am—1pm</p>	<p>9 MAY Little Baby, Bigger Baby & Toddler Swim Week 3 9:30am—10:00am 10:15am—10:45am 11:00am—11:30am Creative Fun Outside 2pm—3pm Children Aged 2 ½ Years Old up to 4th Birthday</p>	<p>10 MAY Quiet Playtime **Weekly Book-In ** 9:30am—10:30am Playtime **Weekly Book-In ** 11am—12noon</p> 	<p>11 MAY</p>
<p>13 MAY Move With Me—Little Star's Little Movers 10am—11am Children Aged 1 Year Old up to 2 ½ Years Old *Banbridge Leisure Ctr*</p>	<p>14 MAY WRAP—Wellness Recovery Action Plan Week 2 10am—12noon</p>	<p>15 MAY Bumps, Babies & Beyond **Monthly Book-In ** 10am—11:30am Mums To Be & New Mums inc. Babies up to 1 Yr Old Breastfeeding Support **Weekly Book-In ** 11:45am—1pm</p>	<p>16 MAY Little Baby, Bigger Baby & Toddler Swim Week 4 9:30am—10:00am 10:15am—10:45am 11:00am—11:30am</p>	<p>17 MAY Quiet Playtime **Weekly Book-In ** 9:30am—10:30am Playtime **Weekly Book-In ** 11am—12noon</p>	<p>18 MAY ***NEW*** Star's Family Saturday's—Sensory Family Fun 10am—11:30am All Families</p>
<p>20 MAY Rhyme & Storytime **Monthly Book-In** 9:45am—10:45am Babies from Birth up to 18 Months Old Rhyme & Storytime **Monthly Book-In** 11:15am—12:15pm Children Aged 18 Months Old up to 4th Birthday</p>	<p>21 MAY WRAP—Wellness Recovery Action Plan Week 3 10am—12noon</p>	<p>22 MAY Weaning Workshop 10am—11:30am All Parents & Babies Aged up to 18 Months Old Breastfeeding Support **Weekly Book-In ** 11:45am—1pm</p>	<p>23 MAY Little Baby, Bigger Baby & Toddler Swim Week 5 **LAST WEEK** 9:30am—10:00am 10:15am—10:45am 11:00am—11:30am Becoming & Blossoming Mums 6:30pm—7:30pm Mums To Be & New Mums</p>	<p>24 MAY Quiet Playtime **Weekly Book-In ** 9:30am—10:30am Playtime **Weekly Book-In ** 11am—12noon</p> 	<p>25 MAY</p>
<p>27 MAY *OFFICE CLOSED FOR BANK HOLIDAY*</p>	<p>28 MAY WRAP—Wellness Recovery Action Plan Week 4 10am—12noon</p>	<p>29 MAY Breastfeeding Support **Weekly Book-In ** 11:45am—1pm</p>	<p>30 MAY Star's Little Painters 10:30am—11:30am Children Aged 1 Year Old up to 2 ½ Years Old</p>	<p>31 MAY Spring Family Event 10am—11:30am All Families</p> 	<p>1 JUN</p>
<p>3 JUN</p> 	<p>4 JUN WRAP—Wellness Recovery Action Plan Week 5 10am—12noon</p>	<p>5 JUN Baby Mindful **Monthly Book-In** 10am—11:30am New Mums inc. Babies up to 1 Yr Old Breastfeeding Support *Book-In* 11:45am—1pm</p>	<p>6 JUN Your Voice Matters Coffee Evening 6:30pm—8pm All Parents</p> 	<p>7 JUN Quiet Playtime **Weekly Book-In ** 9:30am—10:30am Playtime **Book-In** 11am—12noon</p> 	<p>8 JUN</p>
<p>10 JUN Rhyme & Storytime **Monthly Book-In** 9:45am—10:45am Babies from Birth up to 18 Months Old Rhyme & Storytime **Monthly Book-In** 11:15am—12:15pm Children Aged 18 Months Old up to 4th Birthday</p>	<p>11 JUN Employer's For Childcare Benefits Advice Session 9:30am—4pm All Parents **Time slots will be allocated week before** WRAP—Wellness Recovery Action Plan Week 6 **LAST WEEK** 10am—12noon</p>	<p>12 JUN Little Star's Café **Monthly Book-In ** 10am—11:30am Mums To Be & New Mums inc. Babies up to 1 Yr Old Breastfeeding Support **Weekly Book-In ** 11:45am—1pm</p>	<p>13 JUN</p> 	<p>14 JUN Quiet Playtime **Weekly Book-In ** 9:30am—10:30am Playtime **Weekly Book-In ** 11am—12noon</p> 	<p>15 JUN</p>
<p>17 JUN</p> 	<p>18 JUN</p>	<p>19 JUN Bumps, Babies & Beyond **Monthly Book-In ** 10am—11:30am Mums To Be & New Mums inc. Babies up to 1 Yr Old Breastfeeding Support **Weekly Book-In ** 11:45am—1pm</p>	<p>20 JUN</p> 	<p>21 JUN Quiet Playtime **Weekly Book-In ** 9:30am—10:30am Playtime **Weekly Book-In ** 11am—12noon</p>	<p>22 JUN Star Dad's—Water Play 10am — 11:30am All Dads/Carers & Children inc Older Siblings up to 7 Yrs Old Becoming & Blossoming Mums 10:30am—11:30am Mums To Be & New Mums</p>
<p>24 JUN</p> 	<p>25 JUN</p>	<p>26 JUN Breastfeeding Support **Weekly Book-In ** 11:45am—1pm</p>	<p>27 JUN</p>	<p>28 JUN</p>	<p>29 JUN SUMMER HAS ARRIVED!</p> 