

# What's on in Star?

**April—June 2023**

To express an interest in coming to any event or group

Phone: 028 4062 2475

or email [star.surestart@southerntrust.hscni.net](mailto:star.surestart@southerntrust.hscni.net)

**All groups are held at Star unless stated**

*For more information on groups and activities, check out our Facebook page for pictures, videos and flyers.*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 APR
3 APR	4 APR	5 APR <b>**Baby Café &amp; B/feed Support Closed**</b>	6 APR	7 APR <b>**Playtime Closed**</b>	8 APR
10 APR <b>Easter Monday</b> 	11 APR <b>Easter Tuesday</b> 	12 APR <b>*Baby Café &amp; B/feed Support Closed for Easter Break**</b>	13 APR	14 APR <b>**Playtime Closed for Easter Break</b>	15 APR
17 APR <b>Ditch The Dummy Workshop</b> 10am—11am All Parents <b>**Crèche Provided**</b>  <b>Employer's For Childcare Benefits Advice Session</b> All Registered Families <b>**Time slots will be allocated week before**</b>	18 APR <b>Move With Me</b> <b>2 Sessions over 4 Weeks</b> 9:30am—10.30am OR 11am—12noon Children Aged 12mths - Up to 4th Birthday	19 APR <b>**Baby Café &amp; B/feed Support Closed**</b>	20 APR	21 APR <b>**Playtime Closed**</b>  <b>Little Star's Super Smiles</b> 10am—11am All Parents & Children Aged 6mths— Up to 4th Birthday	22 APR <b>Star Dad's— Plant &amp; Play</b> 10am — 11:30am All Dads, Children & Older Siblings Aged up to 7 Yrs Old
24 APR	25 APR <b>Move With Me Week 2</b> 9:30am—10.30am OR 11am—12noon	26 APR <b>**Book In**</b> <b>Baby Café &amp; B'feeding Support</b> <b>**Weekly Book-In**</b> 10am — 12noon All Antenatal, B/feeding Families & Parents With Children Under 1Yr Old	27 APR	28 APR <b>**Book In**</b> <b>Playtime</b> <b>**Weekly Book-In**</b> 9:30am—11am Children Aged 9mths— Up to 4th Birthday	29 APR
1 MAY <b>Office Closed Bank Holiday</b>	2 MAY <b>Move With Me Week 3</b> 9:30am—10.30am OR 11am—12noon  <b>Yoga For Mum &amp; Me</b> <b>Runs for 5 Weeks</b> 10am-11:15am All Mum's With Babies Aged 3—9mths	3 MAY <b>**Book In**</b> <b>Baby Café &amp; Breastfeeding Support</b> 10am — 12noon	4 MAY <b>Cook-It! 'Time for You'</b> <b>Runs for 6 Weeks</b> 10am—12noon All Parents <b>**Crèche Provided**</b>	5 MAY <b>**Book In**</b> <b>Playtime</b> 9:30am—11am	6 MAY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>8 MAY</b> Office <b>Closed</b> King's Coronation Bank Holiday</p>	<p><b>9 MAY</b> <b>Move With Me</b> Week 4 <b>**LAST WEEK**</b> 9:30am—10.30am OR 11am—12noon</p> <p><b>Yoga For Mum &amp; Me</b> Week 2 10am-11:15am</p>	<p><b>10 MAY **Book In**</b> <b>Baby Café &amp;</b> <b>Breastfeeding Support</b> 10am — 12noon</p>	<p><b>11 MAY</b> <b>Cook-It!</b> Week 2 10am—12noon</p>	<p><b>12 MAY **Book In**</b> <b>Playtime</b> 9:30am—11am</p> <p><b>Baby &amp; Toddler Swim</b> <b>3 Sessions for 5 Weeks</b> <b>*Banbridge Leisure Ctr*</b> <b>Children's Age Range</b> <b>8wks-Up to 3rd Birthday</b> 9:30am—10am 10:15am—10:45am 11am—11:30am</p>	<p><b>13 MAY</b></p>
<p><b>15 MAY</b> <b>Take Time For You</b> 6:30pm—8pm All Parents</p>	<p><b>16 MAY</b> <b>Yoga For Mum &amp; Me</b> <b>Closed for Staff</b> <b>Training</b></p>	<p><b>17 MAY **Book In**</b> <b>Baby Café &amp;</b> <b>Breastfeeding Support</b> 10am — 12noon</p>	<p><b>18 MAY</b> <b>Cook-It! Closed for</b> <b>Staff Training</b></p>	<p><b>19 MAY **Book In**</b> <b>Playtime</b> 9:30am—11am</p> <p><b>**Baby &amp; Toddler</b> <b>Swim Closed**</b></p>	<p><b>20 MAY</b></p>
<p><b>22 MAY</b> <b>Save a Baby's Life</b> 6:30pm—8pm All Parents With Babies Aged 0-12mths</p>	<p><b>23 MAY</b> <b>Creative Kids</b> <b>Runs for 4 Weeks</b> 10am-11am Children Aged 18mths— Up to 4th Birthday</p> <p><b>Yoga For Mum &amp; Me</b> Week 3 10am-11:15am</p>	<p><b>24 MAY **Book In**</b> <b>Baby Café &amp;</b> <b>Breastfeeding Support</b> 10am — 12noon</p>	<p><b>25 MAY</b> <b>Cook-It!</b> Week 3 10am—12noon</p>	<p><b>26 MAY **Book In**</b> <b>Playtime</b> 9:30am—11am</p> <p><b>Baby &amp; Toddler Swim</b> <b>Week 2</b> 9:30am—10am 10:15am—10:45am 11am—11:30am</p>	<p><b>27 MAY</b> <b>Star Dad's—</b> <b>People Who Help Us</b> 10am — 11:30am All Dads, Children &amp; Older Siblings Aged up to 7 Yrs Old</p>
<p><b>29 MAY</b> Office <b>Closed</b> Bank Holiday</p>	<p><b>30 MAY</b> <b>Creative Kids</b> Week 2 10am-11am</p> <p><b>Yoga For Mum &amp; Me</b> Week 4 10am-11:15am</p>	<p><b>31 MAY **Book In**</b> <b>Baby Café &amp;</b> <b>Breastfeeding Support</b> 10am — 12noon</p>	<p><b>1 JUN</b> <b>Cook-It!</b> Week 4 10am—12noon</p>	<p><b>2 JUN **Book In**</b> <b>Playtime</b> 9:30am—11am</p> <p><b>Baby &amp; Toddler Swim</b> <b>Week 3</b> 9:30am—10am 10:15am—10:45am 11am—11:30am</p>	<p><b>3 JUN</b></p>
<p><b>5 JUN</b> <b>Walk &amp; Talk</b> Runs for 4 Weeks 10:30am—12noon All Parents &amp; Children <b>*Walking route starts</b> <b>and finishes at Star*</b></p> <p><b>Parenting Puzzle</b> Runs for 4 Weeks 6:30pm—9pm All Parents With Children Aged 9mths &amp; Over</p>	<p><b>6 JUN</b> <b>Creative Kids</b> Week 3 10am-11am</p> <p><b>Yoga For Mum &amp; Me</b> Week 5 <b>**LAST WEEK**</b> 10am-11:15am</p>	<p><b>7 JUN **Book In**</b> <b>Baby Café &amp;</b> <b>Breastfeeding Support</b> 10am — 12noon</p>	<p><b>8 JUN</b> <b>Cook-It!</b> Week 5 10am—12noon</p>	<p><b>9 JUN **Book In**</b> <b>Playtime</b> 9:30am—11am</p> <p><b>Baby &amp; Toddler Swim</b> <b>Week 4</b> 9:30am—10am 10:15am—10:45am 11am—11:30am</p>	<p><b>10 JUN</b></p>
<p><b>12 JUN</b> <b>Walk &amp; Talk</b> Week 2 10:30am—12noon</p> <p><b>Parenting Puzzle</b> Week 2 6:30pm—9pm</p>	<p><b>13 JUN</b> <b>Creative Kids</b> Week 4 <b>**LAST WEEK**</b> 10am-11am</p>	<p><b>14 JUN **Book In**</b> <b>Baby Café &amp;</b> <b>Breastfeeding Support</b> 10am — 12noon</p>	<p><b>15 JUN</b> <b>Cook-It!</b> Week 6 <b>**LAST WEEK**</b> 10am—12noon</p>	<p><b>16 JUN **Book In**</b> <b>Playtime</b> <b>**LAST WEEK**</b> 9:30am—11am</p> <p><b>Baby &amp; Toddler Swim</b> <b>Week 5</b> <b>**LAST WEEK**</b> 9:30am—10am 10:15am—10:45am 11am—11:30am</p>	<p><b>17 JUN</b> <b>Star Dad's—</b> <b>Teddy Bear's Picnic</b> <b>For Dad &amp; Me</b> 10am — 11:30am All Dads, Children &amp; Older Siblings Aged up to 7 Yrs Old</p>
<p><b>19 JUN</b> <b>Walk &amp; Talk</b> Week 3 10:30am—12noon</p> <p><b>Parenting Puzzle</b> Week 3 6:30pm—9pm</p>	<p><b>20 JUN</b></p>	<p><b>21 JUN **Book In**</b> <b>Baby Café &amp;</b> <b>Breastfeeding Support</b> 10am — 12noon</p>	<p><b>22 JUN</b></p>	<p><b>23 JUN</b> <b>Star's 10th</b> <b>Anniversary Family</b> <b>Fun Day</b> <b>**2 Sessions**</b> 10am — 11:30am Or 1:30pm—3pm All Families inc Older Siblings Aged up to 7 Yrs</p>	<p><b>24 JUN</b></p>
<p><b>26 JUN</b> <b>Walk &amp; Talk</b> Week 4 <b>**LAST WEEK**</b> 10:30am—12noon</p> <p><b>Parenting Puzzle</b> Week 4 <b>**LAST WEEK**</b> 6:30pm—9pm</p>	<p><b>27 JUN</b></p>	<p><b>28 JUN **Book In**</b> <b>Baby Café &amp;</b> <b>Breastfeeding Support</b> <b>**LAST WEEK**</b> 10am — 12noon</p>	<p><b>29 JUN</b> <b>Weaning Workshop</b> 10am—11:30am All Parents</p>	<p><b>30 JUN</b></p>	