

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 SEP	2 SEP	3 SEP
<b>5 SEP</b> <b>Crafty Mums</b> 'Time for You' 6pm—8pm All Mums	<b>6 SEP</b>	<b>7 SEP</b>	<b>8 SEP</b> <b>Potty Party Workshop</b> 10am—11:30am All Parents With Children Aged 1 Yr Old and Over <b>**Creche**</b>	<b>9 SEP</b> <b>Playtime</b> <b>2 Sessions—Book In</b> <b>**Weekly Book-In **</b> 9:30am—10:30am or 11:30am—12:30pm Children Aged 9mths— Up to 4th Birthday	<b>10 SEP</b>
<b>12 SEP</b>	<b>13 SEP</b> <b>Incredible Toddlers</b> 'Time for You' Runs for 12 Weeks 9:30am—11:45am All Parents <b>**Creche**</b>	<b>14 SEP</b> <b>Baby Café &amp; Breastfeeding Support</b> <b>**Weekly Book-In **</b> 10am — 12noon All Antenatal & Breastfeeding Families	<b>15 SEP</b> <b>Baby Swim</b> <b>2 Sessions for 5 Weeks</b> *Banbridge Leisure Ctr* <b>Babies Aged</b> <b>8wks-24mths</b> 9:30am—10am OR 10am—10:30am	<b>16 SEP</b> <b>Playtime</b> <b>2 Sessions *Book In*</b> 9:30am—10:30am or 11:30am—12:30pm	<b>17 SEP</b>
<b>19 SEP</b>	<b>20 SEP</b> <b>Incredible Toddlers</b> Week 2 9:30am—11:45am	<b>21 SEP **Book In**</b> <b>Baby Café &amp; Breastfeeding Support</b> 10am — 12noon	<b>22 SEP</b> <b>Baby Swim</b> Week 2 9:30am—10am OR 10am—10:30am	<b>23 SEP</b> <b>Playtime</b> <b>2 Sessions *Book In*</b> 9:30am—10:30am or 11:30am—12:30pm	<b>24 SEP</b> <b>Star Dad's—</b> <b>Outdoor Play &amp; Making Bird Feeders</b> 10am — 11am All Dads and Children
<b>26 SEP</b>	<b>27 SEP</b> <b>Incredible Toddlers</b> Week 3 9:30am—11:45am	<b>28 SEP **Book In**</b> <b>Baby Café &amp; Breastfeeding Support</b> 10am — 12noon	<b>29 SEP</b> <b>Baby Swim</b> Week 3 9:30am—10am OR 10am—10:30am	<b>30 SEP</b> <b>Playtime</b> <b>2 Sessions *Book In*</b> 9:30am—10:30am or 11:30am—12:30pm	<b>1 OCT</b>
<b>3 OCT</b>	<b>4 OCT</b> <b>Incredible Toddlers</b> Week 4 9:30am—11:45am	<b>5 OCT **Book In**</b> <b>Baby Café &amp; Breastfeeding Support</b> 10am — 12noon	<b>6 OCT</b> <b>Baby Swim</b> Week 4 9:30am—10am OR 10am—10:30am	<b>7 OCT</b> <b>Playtime</b> <b>2 Sessions *Book In*</b> 9:30am—10:30am or 11:30am—12:30pm	<b>8 OCT</b> <b>Little Star's Rhymes &amp; Storytime Family Event</b> 10am—11:30am All Families inc Older Siblings
<b>10 OCT</b> <b>Take 5</b> 'Time for You' 6:30pm—7:30pm All Parents	<b>11 OCT</b> <b>Incredible Toddlers</b> Week 5 9:30am—11:45am	<b>12 OCT **Book In**</b> <b>Baby Café &amp; Breastfeeding Support</b> 10am — 12noon	<b>13 OCT</b> <b>Baby Swim</b> Week 5 <b>**LAST WEEK**</b> 9:30am—10am OR 10am—10:30am	<b>14 OCT</b> <b>Playtime</b> <b>2 Sessions *Book In*</b> 9:30am—10:30am or 11:30am—12:30pm	<b>15 OCT</b>
<b>17 OCT</b>	<b>18 OCT</b> <b>Incredible Toddlers</b> Week 6 9:30am—11:45am	<b>19 OCT **Book In**</b> <b>Baby Café &amp; Breastfeeding Support</b> 10am — 12noon	<b>20 OCT</b> <b>Living Well, Spending Less Christmas Workshop</b> 'Time for You' 9:45am—11:15am All Parents <b>**Creche**</b>  <b>AquaNatal Yoga</b> Runs for 5 Weeks All Antenatal Mums 7:30pm—8:30pm *Banbridge Leisure Ctr*	<b>21 OCT</b> <b>Playtime</b> <b>2 Sessions *Book In*</b> 9:30am—10:30am or 11:30am—12:30pm	<b>22 OCT</b> <b>Star Dad's— Halloween Spooktacular</b> 10am — 11am All Dads and Children
<b>24 OCT</b> <b>Save a Baby's Life</b> 6:30pm—8pm All Parents With Babies Aged 0-12mths	<b>25 OCT</b> <b>Incredible Toddlers</b> Week 7 9:30am—11:45am	<b>26 OCT **Book In**</b> <b>Baby Café &amp; Breastfeeding Support</b> 10am — 12noon	<b>27 OCT</b> <b>AquaNatal Yoga</b> Week 2 7:30pm—8:30pm	<b>28 OCT</b> <b>Playtime</b> <b>2 Sessions *Book In*</b> 9:30am—10:30am or 11:30am—12:30pm	<b>29 OCT</b>

**To express an interest in coming to any event or group please**  
**Phone: 028406 22475 or Email: [star.surestart@southerntrust.hscni.net](mailto:star.surestart@southerntrust.hscni.net)**

## SEPTEMBER—DECEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>31 OCT</b> <b>Halloween</b> 	<b>1 NOV</b> <b>Incredible Toddlers</b> <b>Closed for Half Term Break</b>	<b>2 NOV **Book In**</b> <b>Baby Café &amp; Breastfeeding Support</b> <b>Closed for Half Term Break</b>	<b>3 NOV</b> <b>AquaNatal Yoga</b> <b>Week 3</b> 7:30pm—8:30pm	<b>4 NOV</b> <b>Playtime Closed for Half Term Break</b>  <b>Yoga For Mum &amp; Me</b> <b>Runs for 5 Weeks</b> 10am—11:30am Mums With Babies Aged 3-9mths	<b>5 NOV</b>
<b>7 NOV</b> <b>Simmer With Star 'Time for You'</b> <b>Runs for 3 Weeks</b> 6:30pm—9pm All Parents	<b>8 NOV</b> <b>Incredible Toddlers</b> <b>Week 8</b> 9:30am—11:45am	<b>9 NOV **Book In**</b> <b>Baby Café &amp; Breastfeeding Support</b> 10am — 12noon  <b>Creative Kids</b> <b>Runs for 4 Weeks</b> Children Aged 18 Mths— 4th Birthday 10am—11am	<b>10 NOV</b> <b>AquaNatal Yoga</b> <b>Week 4</b> 7:30pm—8:30pm	<b>11 NOV</b> <b>Playtime</b> <b>2 Sessions *Book In*</b> 9:30am—10:30am or 11:30am—12:30pm  <b>Yoga For Mum &amp; Me</b> <b>Week 2</b> 10am—11:30am	<b>12 NOV</b>
<b>14 NOV</b> <b>Simmer With Star 'Time for You'</b> <b>Week 2</b> 6:30pm—9pm	<b>15 NOV</b> <b>Incredible Toddlers</b> <b>Week 9</b> 9:30am—11:45am	<b>16 NOV **Book In**</b> <b>Baby Café &amp; Breastfeeding Support</b> 10am — 12noon  <b>Creative Kids</b> <b>Week 2</b> 10am—11am	<b>17 NOV</b> <b>AquaNatal Yoga</b> <b>Week 5</b> <b>**LAST WEEK**</b> 7:30pm—8:30pm	<b>18 NOV</b> <b>Playtime</b> <b>2 Sessions *Book In*</b> 9:30am—10:30am or 11:30am—12:30pm  <b>Yoga For Mum &amp; Me</b> <b>Week 3</b> 10am—11:30am	<b>19 NOV</b>
<b>21 NOV</b> <b>Simmer With Star 'Time for You'</b> <b>Week 3</b> <b>**LAST WEEK**</b> 6:30pm—9pm	<b>22 NOV</b> <b>Incredible Toddlers</b> <b>Week 10</b> 9:30am—11:45am	<b>23 NOV **Book In**</b> <b>Baby Café &amp; Breastfeeding Support</b> 10am — 12noon  <b>Creative Kids</b> <b>Week 3</b> 10am—11am	<b>24 NOV</b>	<b>25 NOV</b> <b>Playtime</b> <b>2 Sessions *Book In*</b> 9:30am—10:30am or 11:30am—12:30pm  <b>Yoga For Mum &amp; Me</b> <b>Week 4</b> 10am—11:30am	<b>26 NOV</b> <b>Star Dad's— Playdough Experts</b> 10am — 11am All Dads and Children
<b>28 NOV</b>	<b>29 NOV</b> <b>Incredible Toddlers</b> <b>Week 11</b> 9:30am—11:45am	<b>30 NOV **Book In**</b> <b>Baby Café &amp; Breastfeeding Support</b> 10am — 12noon  <b>Creative Kids</b> <b>Week 4</b> <b>**LAST WEEK**</b> 10am—11am	<b>1 DEC</b> <b>Batch Cooking for Baby Workshop</b> 9:45am—11:45am All Parents With Babies Under 1 Yr Old <b>**Creche**</b>	<b>2 DEC</b> <b>Playtime</b> <b>2 Sessions *Book In*</b> 9:30am—10:30am or 11:30am—12:30pm  <b>Yoga For Mum &amp; Me</b> <b>Week 5</b> <b>**LAST WEEK**</b> 10am—11:30am	<b>3 DEC</b>
<b>5 DEC</b> <b>Christmas Crafty Mums 'Time for You'</b> 6pm—8pm All Mums	<b>6 DEC</b> <b>Incredible Toddlers</b> <b>Week 12</b> <b>**LAST WEEK**</b> 9:30am—11:45am	<b>7 DEC **Book In**</b> <b>Baby Café &amp; Breastfeeding Support</b> <b>**LAST WEEK**</b> 10am — 12noon	<b>8 DEC</b>	<b>9 DEC</b> <b>Playtime</b> <b>2 Sessions *Book In*</b> <b>**LAST WEEK**</b> 9:30am—10:30am or 11:30am—12:30pm	<b>10 DEC</b>
<b>12 DEC</b>	<b>13 DEC</b>	<b>14 DEC</b>	<b>15 DEC</b> <b>Star's Magical Christmas Journey</b> 10:30am—3:30pm All Families <b>**30 Min Allocated Time Slot Per Family**</b>	<b>16 DEC</b>	<b>17 DEC</b>
<b>19 DEC</b>	<b>20 DEC</b>	<b>21 DEC</b> <b>Office Closed for Staff Training</b>	<b>22 DEC</b>	<b>23 DEC</b> <b>Office Closed for Christmas Holidays</b>  <b>Office Re-Opens</b> <b>Tuesday 3rd January</b>	<b>24 DEC</b> <b>CHRISTMAS EVE</b> 
<b>26 DEC</b> <b>Christmas Eve Bank Holiday</b>	<b>27 DEC</b> <b>Christmas Day Bank Holiday</b>	<b>28 DEC</b>	<b>29 DEC</b>	<b>30 DEC</b>	<b>31 DEC</b> <b>NEW YEARS EVE</b> 

*For more information on groups and activities, check out our Facebook page for pictures, videos and flyers.*